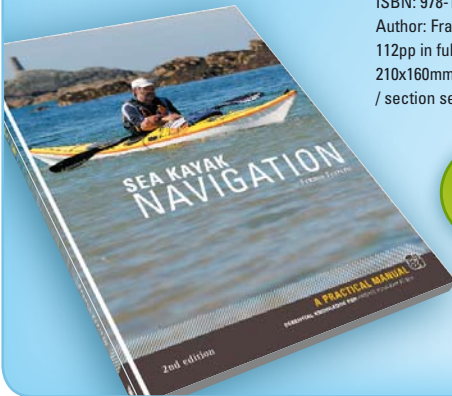




**CATALOGUE SPRING 2008**

We're delighted to bring you our range of books, including the very latest editions. We'll be working with the Virginia Sea Kayak Center throughout the year to help make our range of canoeing and kayaking books available through all specialist outfitters and bookshops. Check for news of forthcoming books on our website and contact Tom at the Virginia Sea Kayak Center for stock details.



ISBN: 978-1-906095-03-1  
Author: Franco Ferrero  
112pp in full colour,  
210x160mm, paperback  
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**Sea Kayak Navigation 2nd Edition**

A short and simple explanation of how to find your way at sea, with practical tips for the kayaker.

This new edition includes up to date information on the use of handheld GPS receivers – as well as other improvements throughout, such as exercises at the end of each chapter to help you test your knowledge.

Recommended by the British Canoe Union as supporting material for their navigation courses – this book will be useful to everyone paddling on the sea, with a kayak or sit-on-top. The Black Art Demystified.

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**White Water Safety & Rescue 2nd Edition**

White Water Safety and Rescue is aimed at canoeists, kayakers and rafters. A must whether you are a recreational paddler or a professional river guide. Completely revised 2nd edition, with

over 400 new colour illustration photos. Topics covered include strategies for safely descending a rapid, to making safe and recovering an injured person. Essential reading.

ISBN: 09547061-5-3  
Author: Franco Ferrero

304pp, 100gsm silk finish paper, colour photos throughout, 240x170mm, paperback / notch bound



**Kayak Surfing**

A modern guide to kayak surfing by one of the sports leading exponents, Bill Mattos. This book is aimed at experts and beginners. Stunning photos from pioneering surf sessions all over the world. The book covers topics including the basic principles of surfing, etiquette, advanced technique, and the psychology and philosophy of ocean wave-riding. Bill's conversational style and lucid explanations make this a great book to dip into for inspiration that will remain with you out on the water.

ISBN: 09547061-0-2  
Author: Bill Mattos

160pp, 170gsm silk finish paper, colour photos throughout, 210x160mm, paperback / section sewn



**Kayak Rolling the Black Art Demystified**

A visual approach to learning to roll a kayak or developing a 'bomb-proof' rough water roll. Rolling is learnt by working through a sequence of exercises to allow the learner to 'feel' what is required. Learning to roll, improving your roll or developing a bomb-proof roll, this book will help. The author, Loel Collins, is one of the UK's leading coaches and head of the canoeing department at Plas y Brenin, Wales.

ISBN: 09531956-8-6  
Author: Loel Collins

76pp, 130gsm satin finish paper, colour photos throughout, 234x160mm, paperback / notch bound



**Sea Kayak**

**A Manual for Intermediate & Advanced Sea Kayakers**

A modern guide to sea kayaking by one of the leading exponents of the sport who is also a highly respected coach in this field. Gordon Brown shares his knowledge with you in his own succinct humorous style on a range of topics including; kayaking history, physiology, boat and paddle dynamics, seamanship and navigation, safety and rescue, weather forecasting, caves, rock-hopping and tidal races, expeditions and overnights. A wealth of tips and resources for the sea paddler.

ISBN: 09547061-7-X  
Author: Gordon Brown

192pp, 170gsm silk finish paper, colour photos throughout, 210x160mm, paperback / section sewn

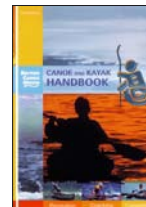


**Sit-on-top Kayak**

A complete beginner's guide to the sit-on-top kayak. Sit-on-top kayaking is fun and easy to learn. Anyone can do it! You'll find all the answers to your questions in this book. Using colour photos and clear descriptions, this book is the perfect introduction to sit-on-top kayaking. Choosing the right kayak, how to store and transport it, how to get the most fun out of your boat and how to stay safe whilst doing so are explored in detail. Snorkelling, fishing and scuba diving are some of the other activities that benefit from using sit-on-tops and these are also covered.

ISBN: 9781906095024  
Author: Derek Hairon

96pp, 170gsm silk finish paper, colour photos throughout, 210x160mm, paperback / section sewn



**BCU Canoe & Kayak Handbook**

**3rd Edition**

Written by enthusiastic and current BCU coaches and practitioners, this book is an invaluable source of information for both novice and expert alike. For the newcomer it will provide a firm foundation in their chosen aspect of the sport. The coach or experienced paddler will find it invaluable as a reference book. Completely rewritten for this third edition and now in full colour throughout.

ISBN: 09531956-5-1  
Editor: Franco Ferrero  
Illustrator: Carol Davies

352pp, 100gsm silk finish paper, colour photos throughout, 240x170mm, paperback / section sewn





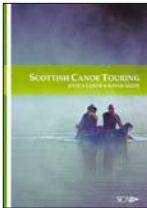
## Welsh Sea Kayaking

Fifty Great Sea Kayak Voyages

A selection of fifty routes around the coast of Wales. From the Dee Estuary to the Bristol Channel, the Welsh coastline in all its varied guises provides a fantastic playground for the sea kayaker. From easy sheltered paddles to testing

offshore trips for the adventurous and everything in-between. Superb colour photographs and useful maps throughout, this book is a practical guide to help you select and plan trips. A fascinating read and an inspirational book.

ISBN: 09547061-8-8 272pp, 150gsm silk finish paper,  
Authors: Jim Krawiecki colour photos throughout,  
& Andy Biggs 240x170mm,  
paperback / section sewn



## Scottish Canoe Touring

an SCA Canoe & Kayak Guide

128 great canoe trips. A guide for canoeists and kayakers to the gentle rivers, canals and lochs of Scotland. This guide is aimed at those looking for calmer waters - rivers, canals, inland lochs and sheltered sea lochs.

Routes described cater for all tastes, from those seeking an idyllic afternoon's paddle to those looking for a multi-day canoe-camping expedition.

ISBN: 09547061-3-7 248pp, 90gsm matt finish,  
Editor: Eddie Palmer 224 in B&W and Cyan plus  
24 full colour, 140x200mm,  
paperback / notch bound



## BCU Coaching Handbook

A manual of coaching techniques, advice and guidelines for the canoe and kayak coach. This book is a mine of useful information and practical tips. If you aspire to be a better canoe or kayak coach, this is the book for you. The book divides into

three sections; coaching theory and fundamentals; generic coaching skills; and specific disciplines of canoesport such as slalom and open canoeing.

ISBN: 0-9547061-6-1 384pp, 100gsm silk finish paper,  
Editor: Franco Ferrero colour photos throughout,  
240x170mm,  
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## Top Tips for Boaters

A collection of practical tips and inspirational ideas gathered by two of the UK's most experienced expedition paddlers and coaches. Experience is

often hard won; Franco and Loel gained theirs home in the UK and abroad in places such as the European Alps, Scandinavia, Canada, the USA, Peru, New Guinea, Pakistan, Iran, Nepal, Costa Rica, the Seychelles and Zambia. A book to dip into from time-to-time.

ISBN: 0-9547061-4-5 144pp, 80gsm matt finish paper,  
Authors: Loel Collins B&W, 110x155mm,  
& Franco Ferrero paperback / notch bound



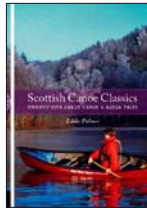
## Scottish Sea Kayaking

Fifty Great Sea Kayak Voyages

A selection of fifty routes around mainland Scotland & the Western Isles. Scotland's first guidebook for sea kayakers wishing to explore its magical coastline and islands. Superb colour photographs and useful maps throughout. As well as

providing essential information on where to start and finish, distances, times and tidal information, the book does much to stimulate & inform our interest in the environment. It is full of facts and anecdotes about local history, geology, scenery, and wildlife.

ISBN: 09547061-2-9 272pp, 150gsm silk finish paper,  
Authors: Doug Cooper colour photos throughout,  
& George Reid 240x170mm,  
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## Scottish Canoe Classics

25 Great Canoe & Kayak Trips

An illustrated guide to some of the finest tours of Scotland's waterways. Wild lochs, placid canals and broad rivers, as they can only be seen from a canoe or kayak. Eddie has chosen his favourite twenty-five inland touring routes and

described them in great detail. The selected routes are suitable for open canoes, sit-on-tops and touring kayaks. Many of them can be tackled as a single voyage or a series of day trips.

ISBN: 9780954706197 160pp, 150gsm silk finish paper,  
Author: Eddie Palmer colour photos throughout,  
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## The Seamanship Pocketbook

Waterproof, re-usable notepad and reference book. A must have for anyone who goes to sea in a small boat. If going below to look something up is not an option, this is the publication you have been waiting for. Topics covering: planning, weather, rules of the road, lights & shapes, buoyage, port entry lights, signals, VHF radio, and distress calls.

ISBN: 09531956-2-7 32pp in full colour,  
16 pages for notes,  
148x105mm,  
spiral bound



## The Northern Isles

Orkney & Shetland Sea Kayaking

Their relative isolation, stunning scenery and Norse history make Orkney and Shetland a very special place. For the sea kayaker island archipelagos are particularly rewarding ... none more so than these.

Superb colour photographs and useful maps throughout, this book is a practical guide to help you select and plan trips. It will provide inspiration for future voyages and a serve as a souvenir of journeys past.

ISBN: 978-1-906095-00-0 272pp, 150gsm silk finish paper,  
Authors: Tom Smith colour photos throughout,  
& Chris Jex 240x170mm,  
paperback / section sewn



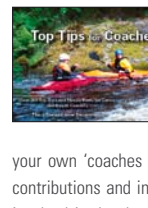
## Oileáin

a Guide to the Irish Islands

A detailed guide to almost every Irish offshore island. Describing over three hundred islands, big and small, inhabited and uninhabited. It tells it as it is, rock by rock, good and bad, pleasant and otherwise. Detailing landings and access,

camping, drinking water, tides, history, climbing, flora and fauna, as well as the myths and legends which abound. This book will also appeal to Scuba divers and yachtsmen as well as kayakers.

ISBN: 09531956-9-4 224pp, 150gsm silk finish paper,  
Author: David Walsh colour photos throughout,  
240x170mm,  
paperback / section sewn



## Top Tips for Coaches

A simple, no nonsense book of ideas collected by the coaches at Plas y Brenin (UK National Mountain Centre). Over 300 top tips to help you fill

your own 'coaches toolbox'. We would like to acknowledge the contributions and influence of the many coaches who have been involved in the development of canoeing and kayaking at Plas y Brenin and have directly or indirectly contributed to this book.

ISBN: 0-9531956-6-X 144pp, 80gsm matt finish paper,  
Editor: Loel Collins B&W, 110x155mm,  
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